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|  | Year 1 | Year 2 | Year 3 | Year 4 | Year 5 | Year 6 |
| Skills | I can move when I hear music.  I can use simple movement patterns.  I can move my body in my place and I can move my body around the room.  I can copy and repeat simple actions.  I can use different levels and speeds.  I can change and vary direction.  I can perform a simple dance phrase with my class. | I can link movements to form a simple dance phrase.  I can repeat, remember and perform simple dance phrases.  I can repeat, remember and add on to a simple dance phrase.  I can comment on others dance performance. | I can change and vary simple actions shown.  I can put together ideas for a dance.  I can create dance phrases with a partner.  I can apply basic techniques such as contrast and mirroring.  I can show canon and unison with a partner. | I can show a range of movement patterns.  I can show greater fluency and control in my dance moves.  I can show a sense of rhythm and style when performing.  I can show mood and feeling in dance.  I can develop character and narrative ideas.  I can evaluate my own and other’s dances. | I can show different dance styles.  I can perform specific motifs for different dance styles.  I can plan dances creatively and collaboratively in groups. | I can perform dances from other times, places and cultures.  I can perform dances fluently and with good control.  I can show creativity and imagination in my movements.  I can help others to refine and structure dance. |
| Knowledge | To know dance is a response to music through movement. | To know dance is a series of linked movements. | To know the terms contrast and mirroring.  To know the terms canon and unison. | To know dance can be a form of expression of moods and feelings.  To know dance can be used to tell a story or idea. | To know and confidently use the term choreography.  To know the names of the different dance styles. | To know the dances from different eras in history.  To know dances from different cultures. |